GRECIAN SANCTUARY

Experience Greece's breathtaking scenery in the most tranquil of settings



The stylish heated indoor pool. Below: book a massage at sunrise

Greece is a place of myth and legend, and has long been a favourite destination of the discerning traveller. Now, Elounda Beach Hotel & Villas has brought some serious style to Crete's northeastern coastline. A favourite with Condé Nast Traveller readers, its 254 rooms, suites and villas come in all shapes, sizes and degrees of opulence. With six levels of accommodation, there's something for everyone. Fitness lovers will adore the Sports Club category rooms, which come with on-site gym equipment; Premium Club guests can enjoy waterfront rooms with platforms leading directly to the sea or shared pool and the top-of-the-range Platinum Club Suites have it all, from oceanfront

terraces, gardens and private pools to personal chefs, sommeliers and trainers - there's even a pianist on call, should you fancy some soothing

Dining is an equally decadent affair, with five restaurants offering a choice of Western and Eastern cuisines, from Mediterranean and Italian

The newly built spa is also a fusion of East and West, offering progressive ESPA treatments in 12 private treatment rooms, as well as a Spa Suite for couples who like to be pampered together. The spa itself is the perfect balance of space and light, using glass and mirrors to devastating effect. The impression is of a spa hovering over the surrounding countryside, so much so that it's hard to see where one begins and the other ends. You'd be hard pushed to find a more tranquil environment in which to tune in, switch off and drop into a blissed-out state of total relaxation.

Don't miss the spa's Signature treatments - the Olive Oil, Thyme and Sea Salt Scrub will give your skin a uniquely Mediterranean holiday glow, while The Essential Cretan Experience is the ultimate destresser, using lemon and peppermint essence to rejuvenate and revive you. If you need a little more help unwinding, try the Stress Recovery programme - after three hours of chakra rebalancing, hot stones, exfoliation and a skin-brightening facial, you'll look and feel like a new person, which, if we're honest, is what we all go on holiday for.

For more information on Elounda Beach Hotel & Villas, please call 00 30 284 10 63000 or visit www.eloundabeach.gr